

WORKSHEET

Module 7: Posting Strategy

A 7-day tracker to build the daily habit.

7-day posting tracker

Day	Platform(s)	Video 1 hook	Video 2 hook	Video 3 hook	Posted ✓
Mon					
Tue					
Wed					
Thu					
Fri					
Sat					
Sun					

End of week review

Top 3 videos this week (by views):

What hook style won?
