

## WORKSHEET

# Module 10: Your 30-Day Plan

Week-by-week checklist with reflection prompts.

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## Week 1 — Setup

- Pick niche
- Find offer
- Build bio funnel
- Post first 10 videos

Notes:

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## Week 2 — Iterate

- Improve hooks
- Test new content styles
- Study competitors
- Post daily

Notes:

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## Week 3 — Capture

- Double down on winning videos
- Start collecting leads
- Build simple email list

Notes:

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## Week 4 — Scale

- Scale content
- Repurpose videos
- Optimize bio and CTA
- Focus on conversions

*Notes:*

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## Day 30 reflection

*Best video that month:*

*First commission earned (or progress toward it):*

*What I'll double down on next month:*